

Levine Music Clinical Internship Application Packet

2801 Upton St. NW
Washington, D.C. 20008

Contact:

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Description of Clinical Setting and Population Served:

Levine Music is located in the Nation's capital, Washington, D.C. Washington is located near many well-known suburban neighborhoods like Alexandria, Arlington, Fairfax, Silver Spring, and Bethesda on the border of Northern Virginia and Maryland. It is only two to five hours from many east coast cities such as Baltimore, Philadelphia, New York City, Ocean City, Virginia Beach and Wilmington, as well as Williamsburg, Pittsburgh, Richmond, Charlottesville, and Annapolis.

The city is continually growing and transitioning as military, political and governmental, and diplomatic employees commute from surrounding neighborhoods. D.C. is a community with access to multiple amenities including metro bus and subway systems, trains, and several regional and international airports.

Local universities such as American, Howard, Galludet, Catholic University of America, Trinity, University of the District of Columbia, Georgetown, George Washington University, George Mason, and University of Maryland attract a younger crowd and promote a variety of social activities. Health and fitness, sports and recreation are easily accessible in the area through the local and national park systems, social sports leagues, and activity facilities.

Downtown DC contains numerous historical buildings, museums, and monuments, which provide a variety of educational and cultural events. A wide variety of ethnic and American cuisine is available, in addition to wineries and breweries throughout the region.

Facility Description

Levine Music

2801 Upton St. NW Washington, D.C. 20008 202-686-8000

Levine Music is a non-profit community music center serving the Greater Washington DC metropolitan area. Levine has grown into "one of the country's leading community music schools," and currently operates five campuses, in Northwest DC, Southeast DC, Strathmore MD, Silver Spring MD and Arlington VA. Levine welcomes over 3,500 students per week of all ages and abilities, from all economic backgrounds, and employs over 150 faculty members.

The Music Therapy department at Levine offers assessments for music therapy services, individual sessions, group sessions, and adapted instrumental lessons for individuals with special needs. Music interventions are individualized to meet the unique needs of each student to provide growth opportunities as well as to foster expression and creativity within each student. Levine's Music Therapy program offers individual and group services at all five campus locations, in addition to many community partnerships.

Individual music therapy sessions are created for individuals with special needs of all ages and ability. Music experiences are designed and implemented by Board Certified Music Therapists to improve an individual's quality of life and to address unique therapeutic goals and needs. Group music therapy sessions are designed to bring individuals of all levels of ability and disability together to make music and to develop and practice valuable social skills in a structured setting. Sessions are tailored to the needs and strengths of each student, allowing for maximum benefit and growth opportunities.

Levine's Music Therapy program provides group and individual services in the community for organizations who are interested in bringing music therapy to their students/clients/resident. All community programming is designed to meet the specific needs of each partner organization. Schools for children with special needs, medical settings, therapeutic summer camps, and assisted living or memory care facilities are among examples of possible partnership programming.

Levine Philosophy

Levine Music, the Washington DC region's preeminent center for music education, is a welcoming community where children and adults find lifelong inspiration and joy through learning, performing, listening to, and participating with others in music.

Levine's core values, excellence and opportunity, infuse everything we do. Our distinguished faculty offers a broad and well-rounded curriculum that provides a strong musical foundation for students of different ages, abilities, and interests. We strive to make Levine education available to everyone. Hundreds of our students receive substantial scholarship assistance; many hundreds more receive free instruction through outreach programs.

At each Levine campus, our students find a diverse range of musical activities, a supportive environment, and dedicated teachers to challenge their creative limits and to guide them. In addition to traditional one-on-one music education, such programs as our Summer Camp, Early Childhood and Elementary Music program, and adult Community Choruses foster musical discovery in inviting group settings. We encourage students to join in our jazz ensembles, chamber music groups, choruses, musical theatre, and rock groups, to gather with friends informally around a musical activity, and to participate in collaborative programs with other leading music and arts organizations across the National Capital region.

We also believe that opportunities to hear great musicians, and to perform, can be important parts of a well-rounded music education. Levine's performance series (*Levine Presents*) offers master classes with visiting artists of international renown and faculty performances in prominent venues. We also offer student recitals, workshops, juries, and competitions that offer additional opportunities for learning and enrich the lives of both performers and audiences.

Levine was founded in 1976 in memory of Selma M. Levine, a prominent Washington attorney and an amateur pianist who took particular delight in encouraging young musicians.

Founded by Diana Engel, Ruth Cogen and Jaclin Marlin in the basement of a small church, Levine has grown into one of the country's leading community music schools.

Accreditation/Licensure of the Facility

It is one of the few community music schools accredited by the National Association of Schools of Music and the only All-Steinway community music school in the world. Levine is also certified by the National Guild of Community Schools of Arts as exemplifying the highest standards of excellence and access in community arts education.

Description of Music Therapy Services:

Music therapy at Levine Music is delivered to individuals regardless of age, ability level, diagnosis, or socioeconomic background in a variety of settings in the Washington, DC area community. Music therapy offers a multisensory experience which can facilitate skill acquisition and development across the cognitive, social, motor, affective, and communication domains, and can engage attention and participation unlike any other therapies or educational approaches. The creativity contained with the harmonic and melodic structure inherent in music provides individuals with a unique, motivating opportunity to be expressive when verbal communication may not be a possibility. In addition, the predictable structure and rhythm of music helps to calm and organize sensory systems, as well as provides opportunities for safe expression of feelings and emotions. Whether in an individual, group, or co-treatment setting, music therapy provides each individual with the opportunity to make choices and exert control over their environment, develop flexibility, and build skills that can then be generalized to other settings. At Levine, our clients are the source of inspiration for interventions, and work as partners in therapy to identify the appropriate tools for therapeutic change.

Communication and collaboration with clients' interdisciplinary team members allow our therapists to cater to individual treatment plans, facilitating therapeutic progress and enhancing the reach of other therapies. Sessions at Levine Music incorporate varied clinical techniques and ideas from multiple theoretical frameworks, including behaviorism, sensory processing, neurologic processing, clinical improvisation, adapted music education, creative arts, and other approaches as needed. Through the therapeutic application of singing, playing instruments, moving to music, listening to music and creating music in the school setting, a student can progress toward meeting established Individualized Education Plan (IEP) goals and objectives. Music therapists at Levine support and collaborate with the larger community in the music school through consultation, referrals for additional music opportunities and programs, and in providing educational seminars.

Internship Experience:

Interns at Levine Music will work with individuals of all ages with a wide range of disabilities, in individual and group music therapy settings at various Levine campuses as well as at community partnership sites. During the internship experience, interns will learn music therapy techniques with individuals across the lifespan to address goals to improve communication, motor, sensory, behavioral, academic, cognitive and social/emotional skills. Interns will gain experience in communicating music therapy processes with children's families and other professionals, completing assessments, quarterly reviews and other paperwork, and will be given the opportunity to create or adapt songs to address specific needs to individuals. Collaboration with other team members including classroom teachers, occupational and physical therapists, speech language pathologists, behavioral support staff, and psychologists will provide a multidisciplinary approach to planning and implementation of educational and therapeutic services.

The intern will be responsible for: collecting data, conducting assessments, developing goals and objectives, treatment planning, implementing individual and group sessions, participating in co-treatment experiences, and managing documentation for each student on his/her caseload. Instruments for intern use include piano, guitar, EZ-Chord, ukuleles, drums, percussion equipment, Orff instruments, and a variety of small percussion (maracas, cabasas, cymbals, sand blocks, bells, tambourines, rhythm sticks, triangles, egg shakers, boomwhackers, etc.) Levine's facilities each have a music therapy space equipped with full size guitar, piano, a variety of rhythm instruments, and Orff instruments. Contract locations are equipped with appropriate instruments, and music therapists who travel to contract locations are equipped with a traveling set of music therapy materials.

Levine Music offers a 6.5 month internship position, 40 hours weekly, which totals 1020 hours. The intern will be scheduled to work 5 days per week and will receive holidays and sick time as arranged with the internship director upon beginning the internship. Intern work schedule will vary by student according to current contracts and individual client session schedules, and will be determined by therapist and client availability. The intern will attend team or program meetings and trainings offered by the school as appropriate. Weekly individual supervision, formal and informal observation, and performance evaluations will be provided in addition to the completion of special projects and case studies.

Music Therapy Internship Acceptance Standards

In order to be a good fit for the music therapy internship at Levine Music, an applicant should have the following abilities/characteristics:

Musical

- Good command of basic piano/keyboard skills, including ability to play basic chord progressions (I-IV-V-I) in all keys; ability to sight read simple compositions and song accompaniments; transpose simple songs; harmonize simple melodies
- Good command of guitar skills including ability to play basic chord progressions (I-IV-V-I) in keys of C, D, E, G, and A; transpose simple songs and harmonize simple melodies
- A singing voice with pleasing quality; ability to lead songs by providing introductory cues, starting pitch, and correct pitches and rhythm

Therapeutic Skills

- Basic understanding of philosophies and theoretical concepts in music therapy
- Basic understanding of behavior management principles & techniques
- Willingness to learn how to apply the theoretical concepts of music therapy in settings with a variety of populations

Communication Skills

- Ability to communicate in a clear, organized manner, both written and verbally
- Ability to communicate professionally with other therapists, educators, parents, and support staff

Professional Qualities

- Emotionally stable, responsible, dependable, organized, and flexible
- Ability to accept and apply constructive feedback, critically self-evaluate, and work with a wide range of people
- Ability to seek out appropriate references and professional resources to gain information on new populations, interventions, or theoretical concepts

APPLICATION FOR MUSIC THERAPY INTERNSHIP

Please submit the following information electronically or by mail to:

Emily Bruestle, MM, MT-BC

ebruestle@levinemusic.org

202-686-8000 ext. 1103

- A copy of academic transcripts from all colleges/universities attended
- Three** letters of recommendation addressing the clinical, communication, musical and professional skills of applicant. In addition, letters should address: (a) What are the student's major assets and liabilities? and (b) Describe the student's learning style, i.e. how does he/she incorporate or integrate new information or skills?
 - one letter from academic director, including statement of eligibility to begin internship
 - two letters from a practicum supervisor, employer, or other professional
- Current resume
- Personal Contact Information Form
- Two examples of your clinical documentation style (goals and objectives, SOAP notes, progress report, etc)
- A short essay answering the following questions:
 - What lead you to pursue a career in Music Therapy?
 - Why are you interested in doing your internship at Levine Music?
 - What strengths (musical, professional, and personal) would you bring to this internship?
 - What skills (musical, professional, and personal) would you like to improve through this internship experience?
 - What style of supervision do you feel best meets your needs?
- Prepare to play 3 pieces: Sing and play guitar, sing and play piano, and a brief piece on your major instrument. Successful interview completion will also include sight-reading on piano or guitar.

Interview process: Upon receipt of completed application package, applications will be reviewed and selected applicants will be contacted within six months of selected start date. Prospective interns will be required to come for a final on-site interview so that her or she can see the facility and make an informed decision regarding acceptance, if accepted after the final interview. The assessment of functional music skills in context of music therapy interventions will be conducted on site at this time. Each applicant will be notified in writing regarding the status of their application following the on-site interview within three months of desired start date. Following acceptance, a legal affiliation will need to be documented between the University and Levine Music.

Application Deadlines

Applications will be accepted on a rolling basis for start dates in January and August, and should be received six months prior to **preferred** internship start time. Notification of internship acceptance or denial will be sent at least three months prior to the preferred internship start time.

PERSONAL CONTACT INFORMATION

Name _____

Address _____
_____Permanent Address (if different from above): _____

Phone Number(s) _____

E-mail _____

College/University _____

Current Academic Status: Undergraduate Graduate Student Equivalency
Student

Academic Director _____

Director Phone _____ Email _____

Number of Clinical Hours Completed _____

Date academic work will be completed _____

Major instrument and number of years studied _____